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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00 AM								6:00 AM
6:30 AM	Tai Chi	Tai Chi	Tai Chi	Tai Chi	Tai Chi	Tai Chi	Tai Chi	6:30 AM
7:00 AM	Jazzercise	Jazzercise	Jazzercise	Jazzercise	Jazzercise	Jazzercise	Jazzercise	7:00 AM
7:30 AM	In The Fight: Episode 98	Circles of Influence: Episode 8	Inside NPS May	The Buzz About Books	News You Can Use/Herndon Live	After the Storm Regining In The Storm & Only Rain	Thursday Night Movie (encore)	7:30 AM
8:00 AM	Rolling Thunder: Chapter 3 Virginia	Around our Town	Gold Coast Xplorers: Episode 3	Bake It Show: Episode 16	Doggy Dilemmas: Episode 121	Down the Drain	Love Laughs At Andy Hardy (1946)	8:00 AM
8:30 AM		Rolling Thunder: Chapter 3 Virginia	Get A Job Show: Episode 6	Emily's Garden: Episode Children & Community Garden	The Humble Farmer		, , , , , , , , , , , , , , , , , , , ,	8:30 AM
9:00 AM	Wicked Good Food: Mexican Cooking	Rolling Fridinger. Chapter 3 Virginia	Travel TV: Episode 191		8-Mar-15		Yolotales	9:00 AM
9:30 AM	Cooking Along the Blackstone: Episode Water Power	Live Well Age Well: episode 1	SVTAGS: NPC Solar	Vintage HCTV: Herndon Festival	Service Above Self : Career in Travel			9:30 AM
10:00 AM	Life Links: Episode 10 - Who am I?	Book Lust with Nancy Pearl: Episode I vanda I vnn Haunt	Chatting with History: Prometheus	Concert 1993 Flyers	Dr. Carey's Baby Show: Tongue Tied			10:00 AM
10:30 AM	Veterans of Valor	NASA 360: Episode 17	Money Talk: College]	& Babv Dental Show Life & Style with Sara: Green Spring			10:30 AM
11:00 AM	Tomorrow Today: episode 153	The Folklorist: Episode 11	RETN: The Art of Making - Where	Book Lust with Nancy Pearl: Episode	, , , , , , ,			11:00 AM
11:30 AM	Medal of Honor Recipent: Ryan Pitts	Green by Design: Episodd 1 Solar	Money Matters: Episode - Financial	College Tuition Solutions	Money Matters: Episode - Financial			11:30 AM
	Jazzercise	Organic Fashion Jazzercise	Planning for Retirement Jazzercise	Jazzercise	Planning for Retirement Jazzercise			
12:00 PM		Language of Business: Episode 9 Risk	Woody's Western Theater Monday		Language of Business: Episode 9 Risk			12:00 PM
12:30 PM	Woody's Western Theater	Assesment	Encore	Vintage HCTV: Herndon Festival	Assesment			12:30 PM
1:00 PM	Jesse James Rides Again: Chapter 12	SVTAGS: Episode - Novicomm LED Lighting	Jesse James Rides Again: Chapter 12	_	Get A Job Show: Episode 6			1:00 PM
1:30 PM	"Renegade Ranger"	The Humble Farmer	"Renegade Ranger"		The Archeological Channel: April 2015			1:30 PM
2:00 PM	Live Well Age Well	8-Mar-15	Skills to Pay the Bills: Safeguarding your Retirement	Perils for Pedestrians: Episode 186	Money Talk: College		Herndon Festival 2015 Live Coverage	2:00 PM
2:30 PM	Specia Memorial Day Program	Hollywood Makeover: Episode 15		Dr. Carey's Baby Show: Tongue Tied	Life Links: Episode 10 - Who am I?			2:30 PM
3:00 PM	WWII An interview with Robert Kopper Frameworks	Herndon Live (Encore)	Songspeak: Episode Cliff Downs	& Rahv Dental Show Life & Style with Sara: Green Spring Clean Hollywood Makeover: Episode 15	Live Well Age Well			3:00 PM
3:30 PM			Circles of Influence		Vintage HCTV: Herndon Festival			3:30 PM
		Herndon Festival Concert 2013: And		Herndon Festival Concert 2014:	Highlights 1997	Herndon Festival 2015 Live Coverage		
4:00 PM		What Army	Herndon Festival Concert 2014: Matt	Christian Lopez Band	Herndon Festival Concert 2014: Urban Funk			4:00 PM
4:30 PM	Music & the Spoken Word: Memorial Day Music	· ·	Otis & the Sound; Reverse Order;	Herndon Festival Concert 2014: Wes				4:30 PM
5:00 PM	Wellional Day Wusic	Herndon Festival Cocnert 2013: Anthony Swamp Dog Clark	and Andrea Pais	Tucker & the Skillets Vintage HCTV: Herndon Festival	Herndon Live			5:00 PM
5:30 PM				Business Expo 1995				5:30 PM
6:00 PM	Jazzercise	Jazzercise	Jazzercise	Jazzercise				6:00 PM
6:30 PM	Grill Seargent: Turkish Greek Cuisine	Capital Cooking: Asian Fusion	Eat Well Be Happy: A Visit to Old Mexico					6:30 PM
7:00 PM	Town of Herndon HPRB/ARB Public						Circles of Influence	7:00 PM
7:30 PM	Hearing (Re-broadcasted from May	Herndon Town Council Public Hearing (Live)	Herndon Live				Around Our Town	7:30 PM
8:00 PM	18, 2015)	ricaring (Live)	Life Links: Episode 10 - Who am I?	Herndon Festival 2015 Live Coverage	Herndon Festival 2015 Live Coverage		Frameworks	8:00 PM
8:30 PM	Rolling Thunder: Chapter 3 Virginia	The Archeological Channel: April	Fantastic Forum: Episode 41				The Folklorist: Episode 11	8:30 PM
9:00 PM			Frameworks				Herndon Voices	9:00 PM
	Songspeak: Episode Cliff Downs	2015	The Folklorist: Episode 11				Woody's Western Theater Friday	
9:30 PM		Herndon Live (Encore)					Night Encore	9:30 PM
10:00 PM	Road to Recovery: Healing and		PSA/After the Storm				The Lone Ranger: Chapter 15	10:00 PM
10:30 PM	empowerment- Families on the		Reigning in the Storm	Thursday Night Movie			"Hoppy's Holiday with Hopalong Cassidy"	10:30 PM
11:00 PM	Road to Recovery	Girls Talk TV	PSA/After the Storm	Love Laughs At Andy Hardy (1946)				11:00 PM
11:30 PM	Bulletin Board Run		Road to Recovery: Healing and empowerment- Families on the	3 1, 11, (11.0)				11:30 PM
12:00 AM		Bulletin Board Run	Road to Recovery			Bulletin Board Run	Bulletin Board Run	12:00 AM
1:00 AM			Bulletin Board Run	Bulletin Board Run	Bulletin Board Run			1:00 AM
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